

BLUEGRASS AGING CONSORTIUM  
HEALTH & NUTRITION COMMITTEE

# DIRECTORY

---

## Geriatric Mental Health & Substance Abuse Resources Central Kentucky

**January 2013**

This project is funded, in part, under a contract with the Kentucky Cabinet for Health and Family Services with funds from the U.S. Department of Health and Human Services.



Anderson • Bourbon • Boyle • Clark • Estill • Fayette • Franklin  
• Garrard • Harrison • Jessamine • Lincoln • Madison • Mercer  
• Nicholas • Powell • Scott • Woodford

### Disclaimer

Although every effort was made at the time of publication to ensure the accuracy of our information, the Bluegrass Aging Consortium does not warrant the completeness or accuracy of the information, text, graphics, links or other items contained within the materials.

The information should be considered 'as is', without any warranty, representation, condition, undertaking or term of any kind, express or implied, statutory or otherwise.



## CONTENTS

<b>I.</b>	<b>Emergency &amp; Acute Care</b>	<b>p. 6</b>
<b>II.</b>	<b>Individual Health Care Providers</b>	<b>p. 11</b>
<b>III.</b>	<b>Outpatient Therapy</b>	<b>p. 14</b>
<b>IV.</b>	<b>House Calls &amp; Home Health</b>	<b>p. 29</b>
<b>V.</b>	<b>Support Groups &amp; Organizations</b>	<b>p. 30</b>
<b>VI.</b>	<b>Detoxification Centers</b>	<b>p. 31</b>
<b>VII.</b>	<b>Long Term Care &amp; Housing</b>	<b>p. 34</b>

## **EMERGENCY & ACUTE CARE**

### **by county**

#### **Bluegrass Regional Mental Health Crisis Line**

**1-800-928-8000**

#### **Bluegrass Regional Mental Health & Retardation Board**

1351 Newtown Pike, # 5

Lexington, KY 40511

(859) 253-1686

Customer Service Department 1-800-928-8000

*Covers Central Kentucky 17 county area*

Services vary by county

Crisis intervention, integrative care, chronically and persistently mentally ill, Comprehensive Care Centers for acute and long term outpatient therapy

Most insurances accepted, Medicaid, Medicare; no UK HMO's or military insurance

Sliding fee scale based on household income

### **Anderson County**

#### **Blue Grass Community Action Partnership**

117 ½ Hilltop Drive

Lawrenceburg, KY 40342

(502) 839-7102

Emergency/crisis intervention

### **Bourbon County**

#### **Bourbon Community Hospital**

9 Linville Drive

Paris, KY 40361

(859) 987-3600

Stoner Creek Behavioral Health Center - 16 Bed Adult Unit

Geriatric services pending - *Dementia is excluded*

All major private insurances, Medicaid, Medicare

## **Boyle County**

### **Behavioral Health Services at Ephraim McDowell Health**

217 South Third Street

Danville, KY 40422

(859) 239-4000

16 Bed Geriatric Unit, 7 Bed Adult Unit

*No substance abuse*

Psychiatrists who are Board Certified in Adult and  
Geriatric Psychiatry

Medicaid, Medicare, private insurances if in network

Does not turn people away based on ability or inability to pay

### **Blue Grass Community Action Partnership**

225 Walnut St.

Danville, KY 40422

(859) 236-2955

Emergency/crisis intervention

## **Fayette County**

### **Crisis Stabilization Unit**

627 West Fourth Street

Lexington, KY 40508

(859) 246-7201

*Will move to new Eastern  
State Hospital location  
mid-late 2013*

Short term (7 Day Maximum) Crisis Intervention Program for  
adults with severe and persistent mental illness in a residential  
setting

### **Eastern State Hospital**

627 W 4th St

Lexington, KY 40508

(859) 246-7000

*New facility to open*

*Summer 2013*

*(See below)*

State psychiatric hospital - 38 Bed Geriatric Ward

No referral required, Accepts most insurances

Does not decline or accept based on ability to pay

**Eastern State Hospital**

*Opening Summer 2013*

1350 Bull Lea Rd.

Lexington, KY 40511

(859) 246-7000

239 beds, including 99 beds designated Long Term Care

Neuro-behavioral unit with specialized services for individuals  
with acquired brain injuries

No referral required, accepts most insurances

Does not decline or accept based on ability to pay

**The Ridge Behavioral Health System**

Psychiatric & Chemical Dependency Treatment

3050 Rio Dosa Drive

Lexington, KY 40509

(859) 269-2325

Toll Free 1-800-753-4673

18 Bed Geriatric Ward (65 and older)

Older Adult Partial Hospitalization (PHP) & Intensive  
Outpatient Program (IOP)

Accepts referrals 24 hours a day, 7 days a week from  
individuals, family members or professionals

Accepts payment from Medicare, Medicaid and most  
commercial insurance and managed care plans. Will  
assist in obtaining pre-certification from insurance  
carriers for the appropriate level of care

No referral required

**Schwartz Chemical Dependency**

*To move when new*

627 W. Fourth St., Allen Bldg.

*location found, late 2013*

Lexington, KY 40508

(859) 246-7282

Residential treatment and detoxification services for adults  
with substance abuse problems



## **Franklin County**

### **Blue Grass Community Action Partnership**

73 C Michael Davenport Blvd.

Frankfort, KY 40601

(502) 695-5615

Emergency/crisis intervention

## **Garrard County**

### **Blue Grass Community Action Partnership**

61 Public Square

Lancaster, KY 40444

(859) 792-3422

Emergency/crisis intervention

## **Jessamine County**

### **Blue Grass Community Action Partnership**

213 S Main Street, Suite 103

Nicholasville, KY 40356

(859) 885-3512

Emergency/crisis Intervention

## **Lincoln County**

### **Bluegrass Community Action Partnership**

201 East Main Street

Stanford, KY 40484

(606) 365-2312

Emergency/crisis intervention

## **Mercer County**

### **Blue Grass Community Action Partnership**

1475 Louisville Road  
Harrodsburg, KY 40330  
(859) 734-9549  
Emergency/crisis Intervention

### **James B. Haggin Memorial Hospital**

464 Linden Ave.  
Harrodsburg, KY 40330  
(859) 734-5441  
ER handles admission  
Senior Life Solutions, age 55 and over  
Individual, Family, Group Counseling  
LCSW and Psychiatrist  
Takes Medicare

## **Powell County**

### **Comprehensive Care Center**

203 N. Main St.  
Stanton, KY 40380-2175  
(606) 663-2274  
Walk-ins for emergency

## **Scott County**

### **Blue Grass Community Action Partnership**

340 East Washington St.  
Georgetown, KY 40324  
(502) 863-9403  
Emergency/crisis intervention

## Woodford County

### **Blue Grass Community Action Partnership**

285 Beasley Road  
Versailles, KY 40383  
(859) 873-8182  
Emergency/crisis intervention

### **HEALTH CARE PROVIDERS**

#### **Geriatric, Addiction & Neuro Psychiatrists**

##### **John Allahham, MD**

1000 East Lexington Ave.  
Suite 25  
Danville, KY  
(859) 236-7756

Board Certified Geriatric Psych  
& Internal Medicine

Accepts Medicare

##### **Cletus S. Carvalho, MD**

3470 Blazer Parkway  
Lexington, KY 40509  
(859) 323-6021

Board Certified Geriatric Psych &  
Psychosomatic Medicine  
Accepts Medicare

##### **Ramesh Ghanta, MD**

United Behavioral Health  
101 Medical Heights, Suite 8  
Frankfort, KY  
(502) 875-1685

Board Certified Psychiatry  
Special interest in geriatrics

Call for other locations in Paris, KY & Lexington, KY

##### **Robert P. Granacher, MD**

1401 Harrodsburg Rd.  
Suite A400  
Lexington, KY 40504  
Phone: (859) 277-5213

Board Certified Geriatric Psych  
& Forensic Psych

**Lon R. Hays, MD** Board Certified Addiction Psych  
University Of Kentucky PSY Accepts Medicare  
3470 Blazer Parkway  
Lexington, KY 40509  
Phone: (859) 323-6021

**Swati S. Mulay, MD** Board Certified Geriatric Psych  
Scott County Comprehensive Care Accepts Medicare  
110 Roach Street  
Georgetown, KY 40324  
Phone: (502) 863-4734

**John Richards, MD** Specializes in geriatrics  
Bluegrass Extended Care Services  
St. Joseph Office Park, C25  
Lexington, KY 40504  
(859) 396-3910

**Piotr Zieba, MD** Board Certified Geriatric Psych  
Central Kentucky Psychiatry  
128 Daniel Dr  
Danville, KY 40422  
(859) 238-0018

**Joseph L. Zerga III, MD** Board Certified Neuropsychiatrist  
Commonwealth Neurology Services  
1780 Nicholasville Road, Suite 201  
Lexington, KY 40503  
(859) 278-8499

## **Other Mental Health Professionals Specializing in Geriatrics**

**Ashley Cornett, APRN**                      *Psychiatric Nurse Practitioner*  
Central Kentucky Behavioral Health  
1055 Wellington Way, Ste 110  
Lexington, KY 40513  
859-219-2822  
Special interest in geriatrics, home visits

**Linda Gentry, APRN**                      *Psychiatric Nurse Practitioner*  
United Behavioral Health  
101 Medical Heights, Suite 8  
Frankfort, KY  
502-875-1685  
Specializes in geriatrics, medication management only

**Lacey Price, PhD**                      *Geriatric Neuropsychologist*  
Clinical Psychology  
2101 Nicholasville Rd Ste 106  
Lexington, KY 40503  
(859) 278-5926

**Katie Nikzad Terhune, Ph.D., LCSW**  
*Ph.D. in Gerontology*  
Beaumont Behavioral Health  
1000 Monarch Street, Suite 250  
and 1030 Monarch Street, Suite 100  
Lexington, KY 40513  
(859) 296-3141  
Adults and couples in the treatment of depression, anxiety,  
relational problems, grief, trauma, and issues related to aging  
and caregiving

**Gary Stewart, PhD**  
Licensed Psychologist  
436 West Second St.  
Lexington, KY 40511  
(859)252-2616  
Counseling  
Neuropsych assessments

*Graduate Certificate in  
Gerontology*

**OUTPATIENT THERAPY**  
**by county**

**Bluegrass Regional Mental Health & Retardation Board**

1351 Newtown Pike, # 5  
Lexington, KY 40511  
(859) 253-1686

Customer Service Department 1-800-928-8000

*Covers Central Kentucky 17 county area*

Services vary by county

Crisis intervention, integrative care, chronically and  
persistently mentally ill, Comprehensive Care Centers for  
acute and long term outpatient therapy

Most insurances accepted, Medicaid, Medicare, no UK HMOs  
or military insurance

Sliding fee scale based on household income and number of  
dependents

**Anderson County**

**Anderson County Comprehensive Care Center**

1060 Glensboro Road  
Lawrenceburg, KY 40342  
(502) 839-7203

Community Mental Health Center; case management; mental  
health and substance abuse services and service referrals

Medicaid, Medicare, private insurance

For self-pay, sliding fee scale based on income

**Rainbow House**

1060 Glensboro Road  
Lawrenceburg, KY 40342  
(502) 839-5361

Adult Day Program for those with severe and persistent mental illness, case management

**Bourbon County****Bourbon County Comprehensive Care Center**

269 East Main Street  
Paris, KY 40361  
(859) 987-6127

Community Mental Health Center; case management; mental health and substance abuse services; and service referrals  
Many private insurance plans, Medicare, Medicaid  
Sliding scale for those without insurance based on income

**Community Action Council**

18 Clinic Dr.  
Paris, KY 40361  
(859) 987-5277

Individual, group & collateral therapy, case management, life skills training, housing assistance, transportation vouchers, and other supportive services to 30 individuals with mental health and/or substance abuse disorders, preference given to veterans

(These 30 slots are shared between Bourbon, Harrison and Nicholas Counties.)

## **Boyle County**

### **Comprehensive Care Center**

650 High St.

Danville, KY 40423

(859) 236-2726

Community Mental Health Center; case management; mental health and substance abuse services; and service referrals

Many private insurance plans, Medicare, Medicaid

Sliding scale for those without insurance based on income

## **Clark County**

### **Bluegrass Comprehensive Care Center**

325 Professional Ave

Winchester, KY 40391

(859) 737-9108

Day treatment/counseling/therapy, case management, substance abuse services

Many private insurance plans, Medicare, Medicaid

Sliding scale for those without insurance based on income

## **Estill County**

### **Comprehensive Care Center**

100 Tyler Lane

Irvine, KY 40336

(606) 723-5128

Community Mental Health Center; case management; mental health and substance abuse services; and service referrals

Many private insurance plans, Medicare, Medicaid

Sliding scale for those without insurance based on income



### **Healthcare for the Homeless**

Kentucky River Foothills Development Council, Inc.

209 River Dr.

Irvine, KY 40336

(606) 723-6629

Provides medical services, mental health & substance abuse referrals for homeless families in a mobile health clinic setting.

Case management, pharmaceutical assistance, transportation to medical providers, including the mobile clinic

## **Fayette County**

### **Benchmark Psych Services**

2716 Old Rosebud, Suite 230

Lexington, KY 40509

1-800-461-9533

Specializes in geriatrics

### **Bluegrass Prevention Center**

PO Box 13670

Lexington, KY 40586

(859) 225-3296

Substance abuse education & prevention services for individuals of all ages - large number of clients are seniors

Prevention enhancement site for effective environmental strategies addressing alcohol issues

### **Catholic Charities of the Diocese of Lexington**

1310 W. Main St.

Lexington, KY 40508

(859) 253-1993

Counseling/mental health services for individuals, families and couples, emotional crisis, grief & loss, depression/anxiety/phobias/panic disorders

No referral required, sliding scale/private insurance

**Comprehensive Care**

201 Mechanic Street  
Lexington, KY 40507  
(859) 233-0444

Community Mental Health Center; mental health and substance abuse services; case management for persons with severe mental illness; Narcotics Addiction Program  
Many private insurance plans, Medicare, Medicaid  
Sliding scale for those without insurance based on income

**Chrysalis Community Center**

1589 Hill Rise Drive  
Lexington, KY 40504  
(859) 255-0850

Outpatient therapy for adult women  
Medicaid, Medicare, private health insurance  
military insurance (e.g. VA, TRICARE)

**Paul D Dalton, MS, LPCC, CADC**

501 Darby Creek Road, Suite 11  
Lexington, Kentucky 40509  
(859) 308-6896

Adult group therapy for substance abuse x3 weekly  
Flat fee per session

**Discovery Fayette County Rehabilitation Program**

389 Waller Ave., #110/120  
Lexington, KY 40504  
(859) 246-7004

Therapeutic Rehabilitation Program for adults with severe and persistent mental illness

**HOPE Center**

360 West Loudon Avenue

Lexington, KY 40508

(859) 252-7881

Mental Health Outpatient Clinic

Case management for homeless adults with severe and persistent mental illness

**Jesse G. Harris Psychological Services Center****UK Dept. of Psychology**

644 Maxwellton Court

Lexington, KY 40508

(859)257-6853

Individual counseling services, including adjustment & life stage difficulties

Group therapy: skills training for borderline personality disorder and mindfulness-based stress reduction

Neuropsych assessments

Therapist are UK doctoral students supervised by community practitioners; Psychiatric consultation available

No referral required; acceptance for therapy not based on ability to pay

Small initial consult fee, sliding scale for services

**Lexington Rescue Mission**

649 N. Limestone St.

Lexington, KY 40508

(859) 381-1114 or (859) 381-9600

Free individualized counseling by appt.

**LFUCG Department of Social Services**

1055 Industry Road

Lexington, KY 40505

(859) 258-3810

Assessment of needs, short-term counseling

Referrals to other agencies/service providers to meet identified needs; No referral required, no fee

**Narcotics Addiction Program**

201 Mechanic Street  
Lexington , KY 40507  
(859) 977-6080

Medication treatment services to assist individuals toward recovery from opioid addiction; individual, group and skill building therapy is offered to address the whole person

**Newtown Counseling Center**

1351 Newtown Pike, Building 5  
Lexington, KY 40511  
(859) 233-0444

Counseling - general mental health, substance abuse services for adults; Geriatric services

Aftercare & case management services for adults with severe and persistent mental illness

No referral required; Medicaid, private insurance, sliding scale

**Salvation Army**

736 W. Main St.  
Lexington, KY 40508  
(859) 252-7706

Services for homeless, life skills classes

Safe haven support group for individuals in recovery

Mental health counseling

No referral required, no fee

**Transitions Center**

1351 Newtown Pike, Building 5  
Lexington, KY 40511  
(859) 381-1186

Alcohol/drug counseling for adults and families

Counseling services and education programs to individuals involved in the criminal justice system

Counseling for individuals with dual diagnosis

Counseling services for gays, lesbians, and AIDS/HIV positive individuals

**The Ridge Behavioral Health System**

3050 Rio Dosa Drive  
Lexington, KY 40509  
(859) 269-2325

Toll free in state: 1-800-753-4673

Older Adult Services (55+)

Adult Chemical Dependency Services

Outpatient Services are provided on a six-day per week basis, days and evenings.

Older Adult Partial Hospitalization (APH) & Intensive Outpatient Programs (IOP)

Suboxone Treatment Center

Accepts referrals 24 hours a day, 7 days a week from individuals, family members or professionals.

Accepts payment from Medicare, Medicaid and most commercial insurance and managed care plans. Will assist in obtaining pre-certification from insurance carriers for the appropriate level of care. No referral required.

**Franklin County**

**Comprehensive Care Center**

191 Doctors Dr.  
Frankfort, KY 40601  
(502) 223-2182

Community Mental Health Center; housing support services and case management; mental health and substance abuse services

**James R. Johnson, LCSW**

130 Kings Daughters Dr.  
Frankfort, KY 40601-4187  
(502) 227-3222

Older adults-60s and 70s, couples

Most private insurances; no Medicaid or Medicare

**Renewed Hope Counseling Center**

Dr. Lyle Carlson, PhD

915 Leawood Drive, Suite C

Frankfort, KY 40601

(502) 352-2446

Neuropsychologist-Brain Trauma and PTSD, Dementia Care  
and Testing

All insurances except for Medicaid; discounted fee for  
uninsured

**United Behavioral Health**

Dr. Ramesh Ghanta, MD

Linda Gentry, APRN

101 Medical Heights, Suite H

Frankfort, KY 40601

(502) 875-1685

Specialize in Geriatrics-only medicine management

Most private insurances, Medicaid, & Medicare

Flat rate fee for both initial evaluation and follow-up appts

**Garrard County**

**Garrard County Comprehensive Care**

322 Crab Orchard St., Suite # 1

Lancaster, KY 40444

(859) 792-2181

Community Mental Health Center; case management; mental  
health and substance abuse services; and service referrals

Medicaid, Medicare, private insurance

Self-pay-sliding fee scale based on income

## **Harrison County**

### **Community Action Council**

217 Old Lair Rd.

Cynthiana, KY 41031

(859) 234-2121

Individual, group & collateral therapy, case management, life skills training, housing assistance, transportation vouchers, and other supportive services to 30 individuals with mental health and/or substance abuse disorders, preference given to veterans.

(These 30 slots are shared between Bourbon, Harrison and Nicholas Counties.)

### **Harrison County Comprehensive Care Center**

257 Parkland Heights

Cynthiana, KY 41031

(859) 234-6940

Community Mental Health Center; case management; mental health and substance abuse services; and service referrals

Most of the insurances including Medicaid & Medicare

Sliding Fee Scale based on income

## **Jessamine County**

### **Center for Relationships**

101 Wind Haven Dr. # A  
Nicholasville, KY 40356

#### **Banks Hudson, LMFT**

(859) 277-0255

Specializes in generalized anxiety disorders

Every insurance except Cigna, Tricare, Medicaid, & Medicare

Flat fee; sliding scale if someone is really struggling

Hypnosis with a biofeedback machine and other relaxation techniques

#### **Larry Springate, PH D**

(859) 277-0022

Takes Medicare

Drug and alcohol counseling

Adults, and marriage counseling

Geriatrics

### **Jessamine Counseling Center (Comprehensive Care Center)**

324 Southview Drive

Nicholasville, KY

(859) 885-6315

Community Mental Health Center; case management; mental health and substance abuse services; and service referrals

Most of the insurances including Medicaid & Medicare

Sliding Fee Scale based on income

### **Deborah A. Goad, M.A., M.S., L.M.F.T.**

99 Wind Haven Drive #3

Nicholasville, KY 40356

(859) 806-1955

Call for other locations in Fayette, Jessamine, & Boyle Counties

Adults & Geriatrics, Alzheimer's and other aging dilemmas

Family therapy; chemical dependency

Sliding fee scale based on income, some private insurances, Medicaid, and Medicare



## **Lincoln County**

### **Fort Logan Comprehensive Care Center**

322 Frontier Blvd

Stanford, KY 40484

(606) 365-2197

Services individual, group, family, marital, couple therapy, case management, substance abuse services, therapeutic rehab program

Psychiatric services provided with use of medication as needed

## **Madison County**

### **Comprehensive Care Center**

415 Gibson Lane

Richmond, KY 40475

(859) 623-9367

Community Mental Health Center; case management; mental health and substance abuse services; and service referrals

Most of the insurances including Medicaid & Medicare

Sliding Fee Scale based on income

## **Mercer County**

### **Comprehensive Care Center-Southern Bluegrass-Main Office**

124 E. Office St.

Harrodsburg, KY 40330

(859) 734-5486

1-800-928-8000 24/7 day

Community Mental Health Center, Senior Program, Day

Program, case management; mental health and substance abuse services

**Comprehensive Care Center-Southern Bluegrass-Second Office**

710 Perryville St.  
Harrodsburg, KY 40330  
(859) 734-0219

**Nicholas County**

**Community Action Council**

149 Scrub Grass Rd.  
Carlisle, KY 40311  
(859) 289-7172

Provision of individual, group & collateral therapy, case management, life skills training, housing assistance, transportation vouchers, and other supportive services to 30 individuals with mental health and/or substance abuse disorders, with preference given to veterans. (These 30 slots are shared with Bourbon, Harrison and Nicholas Counties.)

**Comprehensive Care Center**

2330 Concrete Rd.  
Carlisle, KY 40311  
(859) 289-7126

Community Mental Health Center; case management; mental health and substance abuse services; and service referrals

**Powell County**

**Comprehensive Care Center**

203 N. Main St.  
Stanton, KY 40380  
(606) 663-2274

Community Mental Health Center; case management; mental health and substance abuse services; and service referrals

**KY River Foothills or Foothills Mobile Clinic**

Health & Wellness Center

108 12th St.

Clay City, KY 40312

(606) 663-9011

Clinic Cell: 859-358-0707 or 1-866-774-5615

Doctor's office-psychiatrist, nurse practitioner,  
certified counselor

Self pay sliding fee scale

Most insurances including Medicaid & Medicare

Serves the homeless population-those over 200% of poverty

**Scott County**

**Scott County Comprehensive Care Center**

110 Roach St.

Georgetown, KY 40324

(502) 863-4734

Walk-ins welcome; No admission criteria

No Domestic Violence

Medicaid and Medicare for psychiatrist, but not for therapist

Community Mental Health Center; case management; mental  
health and substance abuse services; and service referrals

Sliding Fee Scale based on income

**Recovery Works Drug and Alcohol Rehabilitation**

3107 Cincinnati Road

Georgetown, Ky. 40324

(502)570-9313

866-570-9313

Short term residential (20-30 days), medical detox, partial  
programs, intensive outpatient therapy

Private Insurance, Private Pay

## **Woodford County**

### **Forks Of Elkhorn Baptist**

William M. Adcock, LCSW

495 Duckers Rd

Midway, KY 40347

(606) 219-0551 (cell)

Clinical counseling with a spiritual perspective

Sliding fee scale for the community; discounts for the church

Close to accepting insurances

Works with many geriatric patients; but not specialized

### **Woodford County Comprehensive Care Center**

125 Big Sink Rd., Suite B

Versailles, KY 40383

(859) 873-7316

Community Mental Health Center; case management; mental health and substance abuse services; and service referrals

Medicaid & Medicare

Sliding Fee Scale based on income; must provide proof of income

## HOUSE CALLS & HOME HEALTH

### **Amedisys Home Health**

*There is some crossover in counties covered between offices.*

Danville office (859) 236-4381

Counties covered: Boyle, Garrard, Lincoln, Mercer

Georgetown office (502) 867-7422

Counties covered: Bourbon, Harrison, Scott, Woodford

Lexington office (859) 271-0611

Counties covered: Fayette, Jessamine, Madison

Mount Sterling office (859) 498-5199

Counties covered: Clark, Estill, Powell, Nicholas

Shelbyville office (502) 633-3007

Counties covered: Anderson, Franklin

Psychiatric nurse specialists manage medications and do limited counseling, Social workers provide short-term counseling  
Medicare, some private insurances, private pay

### **Medi Calls (Div. of Paragon)**

1055 Wellington Way, # 215

Lexington, KY 40513

(859) 422-4369

For mental health services, partners with Central KY

Behavioral Health

Accepts Medicare, Medicaid, and most private insurance

### **Medicare House Calls**

2101 Nicholasville Rd

Lexington, KY 40503

(859) 410-7410

No mental health specialist, but treat anxiety & depression;  
makes referrals for more serious mental health conditions.  
Accepts Medicare, Medicaid pending

**MD2U**

Nurse Practitioners

Lexington & surrounding counties (no address)

(859) 402-1092

No mental health specialist, but treat anxiety & depression;  
makes referrals for more serious mental health conditions.

Accepts Medicare, Medicaid, private pay

**SUPPORT GROUPS & ORGANIZATIONS**

**Chronic Disease Self-Management Program**

Bluegrass Area Agency on Aging

(859) 269-8021

6-week series of workshops held weekly in various community  
settings, peer-facilitated

Registration fee

**Lexington Rescue Mission Outreach Center**

444 Glen Arvin Avenue

Lexington, KY 40508

(859)381-9600

Support groups for people struggling with life issues,  
particularly depression, health problems or spiritual needs.

**NAMI Lexington - National Alliance on Mental Illness**

498 Georgetown Street, Suite 201

Lexington, KY 40508

(859) 272-7891 or (859) 309-2856

Peer operated with extensive support services through

Participation Station: drop in peer support center, consumer support group, family support group, co-occurring (mental health & substance abuse) support group, Hearing Voices Support Group, Connections Recovery Support Group, Anxiety Support Group,

Chronic Disease Self Management Program

Support Group

Family-to-Family Education Program is a free, 12-week course for family caregivers of individuals with severe mental illnesses.

Services are free; open 6 days per week in Lexington

Some NAMI affiliate support group meetings in Danville, Frankfort and Winchester, KY

**DETOXIFICATION**

**Medical Detox Sites**

**Charter Ridge Hospital**

The Ridge Recovery Center

3050 Rio Dosa Drive

Lexington, KY 40509

(859)269-2325

(859)753-4673

Accepts: Medicare, Medicaid, private insurance, private pay

**University of Kentucky Chandler Medical Center**

800 Rose Street

Lexington, KY 40536

(859) 323-5000

Medicare, Medicaid, private insurance, private pay

**University of Kentucky Hospital Good Samaritan Behavioral Health**

310 S. Limestone

Lexington, KY 40508

(859) 252-6612

Medicare, Medicaid, private insurance, private pay

**Stoner Creek Rehab**

Bourbon County Hospital

9 Linville Drive

Paris, KY 40361

(859) 987-1123

Medicare, Medicaid, private insurance, private pay

**Recovery Works Drug and Alcohol**

3107 Cincinnati Road

Georgetown, KY 40324

(502) 570-9313

(866) 570-9313

private insurance, private pay

**Stepworks**

100 Diecks Drive

Elizabethtown, KY 42701

(270) 982-1244

(888) 982-1244

private insurance, private pay



**Veterans Affairs Medical Center**

1101 Veterans Drive  
Lexington, KY 40502  
(859)233-4511  
(888) 629-3330  
Veterans only, military insurance

**Nonmedical Detox Sites**

**Hope Center**

360 West Loudon Street  
Lexington, KY 40508  
(859) 252-7881  
Self pay, services for men only

**Bluegrass East Comprehensive Care Center**

201 Mechanic Street  
Lexington, KY 40507  
(859) 233-0444  
Medicare, private insurance, private pay

**Schwartz Center**

Eastern State Hospital  
627 W. 4<sup>th</sup> Street  
Lexington, KY 40508  
(859) 246-7282  
1-800-313-2056  
Private pay

*To move when new  
location found, late 2013*

-

## LONG TERM CARE & HOUSING

### **Regional**

#### **Eastern State Hospital**

1350 Bull Lea Rd.  
Lexington, KY 40511  
(859) 246-7000

*Opening Summer or  
Fall 2013*

#### **Long Term Care/SNF beds:**

27 bed Geriatric Unit  
24 bed Neurobehavioral Unit  
(1st admissions will be from within hospital)

#### **Bluegrass Personal Care Home: Transitional Housing**

3 cottages, 16 people per cottage  
Up to 9 month stay  
Promote return to the community setting  
No referral required, accepts most insurances  
Does not decline or accept based on ability to pay

#### **Glasgow State Nursing Facility**

199 State Avenue  
Glasgow, KY 42141  
(270) 651-2151

100-bed long-term care nursing facility for individuals with  
mental illness or mental retardation

Primarily admissions from other state hospitals, but others will  
be considered

#### **Liberty Place Recovery Center for Women**

218 Lake Street  
Richmond, KY 40475  
(859) 625-0104

Recovery Kentucky Initiative

100 bed residential substance abuse recovery center serving all 17  
counties; average stay 16 months

Peer support, daily living skills training, job responsibilities

## **Boyle County**

### **Rall Place**

Danville, KY 40422

(859) 936-9800

Permanent independent living for persons with severe mental illness. HUD rent support. (Ten one bedroom units; 2-two bedroom units)

## **Fayette County**

### **Bluegrass Personal Care Home**

627 West Fourth Street

Lexington, KY 40508

(859) 281-1394

Transitional Housing

Structured intensive rehabilitation program for adults with severe mental illness, to prepare for community living; 40 beds, average length of stay 6 to 9 months

Residential Treatment Program for adults with severe and persistent mental illness

Work with seniors but depends on the level of assistance needed

*Moving to new  
Eastern State Hospital  
location summer or  
fall 2013*

### **Bluegrass Regional Mental Health & Retardation Board**

(859) 253-1686

Safe Haven Emergency Housing - 2 apartments for temporary emergency housing for homeless persons with severe mental illness

### **Chrysalis House, Inc.**

1589 Hill Rise Drive

Lexington, KY 40504

Admissions: (859) 254-6026 or 1-800-713-0954

Transitional housing & long-term treatment facility for women who are recovering from substance abuse & addiction

**Hope Center Recovery Program for Women**

1524 Versailles Road

Lexington KY 40504

Phone: (859) 252-2002

Substance abuse treatment, Halfway house

Residential long-term treatment (more than 30 days)

Payment assistance

**New Beginnings, Bluegrass, Inc.**

3166 Custer Drive, Suite 200

Lexington, KY 40517

(859) 245-2400

Permanent housing for persons with mental illness

Independent apartments, shared independent apartments and group home living with 24-hour supervision, all with case management.

**Serenity Place Apartments**

1589 Hill View Place

Lexington, KY 40504

(859) 252-0514

Permanent housing. 40-unit complex of two- and three-bedroom apartments.

Alcohol and drug free setting for both recovering substance abusers and their families.

**Shepherds House, Inc.**

154 Bonnie Brae Drive

Lexington, KY 40508

(859) 252-1939

Provides transitional housing (12-18 months), meals, case management, counseling and vocational services for up to 24 men recovering from substance abuse. Self-pay.

## **Supervised Apartment Living**

3565 Tates Creek Road

Lexington, KY 40517

(859) 245-1832

Supervised Apartment Program for adults with severe and persistent mental illness

Must ambulatory & able to cook for themselves

## **Franklin County**

### **Beta Program**

925 Wash Road

Frankfort, KY 40601

502-223-2017

Substance abuse, Residential (Long term - more than 30 days)

*Closing sometime  
in 2013*

### **Franklin Place**

Frankfort 40601

(502) 227-8879

Permanent independent living for persons with severe mental illness; 8 one-bedroom and 4 two-bedroom apartments. HUD rent support.

### **Teresa Hatton Foundation**

PO Box 4046

Frankfort, KY 40601

(502) 223-5510

Permanent housing for mentally ill adults

Hatton House, Frankfort - group home with 3 bedrooms  
for 3 individuals

Hatton Apartments - 607, 609 and 610 Thistleton Terrace,  
Frankfort; 3 private single-room apartments

## **Lincoln County**

### **Isaiah House**

2415 Mt. Salem Rd.

Hustonville, KY 40437 (no phone)

Men (16 beds); GED and job placement services; medical assistance and addiction counseling services; food pantry and clothing bank. Note: religious practice is required by this facility.

### **Lincoln Place**

Cannonade Drive

Stanford, KY 40484

(859) 936-9800

Permanent Housing Two 2-bedroom duplexes for persons with severe mental illness and their families; independent living. Section 8 rent support

## **Madison County**

### **Bivins Place**

Richmond, KY 40475

(859) 626-9065

Permanent independent living for persons with severe mental illness. Ten 1-bedroom apartments. HUD rent support.



